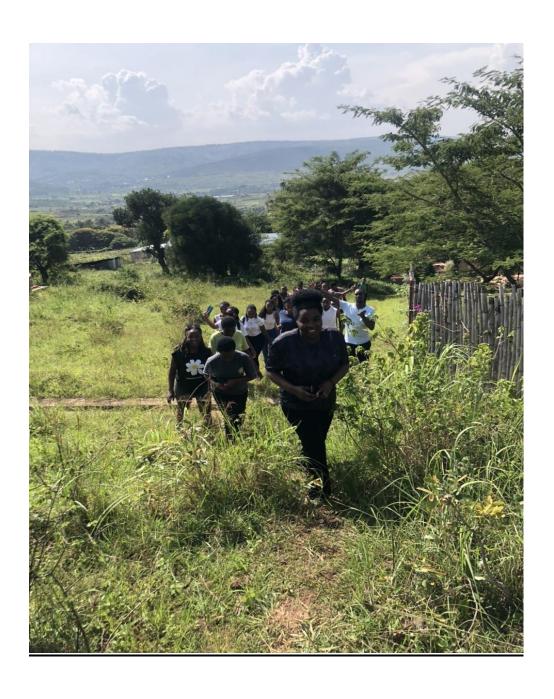
<u>UR Medical students' supportive supervision at PIH Rwinkwavu for social and community medicine</u>

Supervisor: Dr. Claudine ABIBESHYA

Introduction to PIH and Community Health oriented project



Walk the talk, Social Determinants of Health



SOCIAL DETERMINANTS OF HEALTH





Students ready to go to see the health care services provided at District Hospital



OBJECTIVES:

1. Exposure to community health care services:

 To follow medical students during their community health rotation, observing their attitudes towards the

2. Reflective Sessions:

 Assist the students during the reflective sessions provided by PIH staff members to help students to understand what they have been learning in the classroom about social and community medicine.

3. Supportive supervision:

Supporting students by accompanying them in to Rwinkavu District Hospital and to the community for social determinants of health, visits to Community Health Workers (CHWs), supporting them during different discussions about social and community medicine, evaluation their attitudes with others and identifying some of the challenges they might be facing. psychosocial support

Activities done

Day 1: February 19th

- Morning:
 - Welcoming remark
 - o Introduction to PIH
 - Watched and reflected on the PIH movie "Bending the Arc" showing how PIH started.

Afternoon:

- Discussion about community-oriented community health projects by Renzaho
 Jean Nepomuscene
- o Discussion about Rwinkwavu District Hospital health care services package
- Tour in different services in the hospital

Day 2: February 20th

- Morning: Visit to ISANGE ONE STOP CENTER and discussion about Gender based and physical violence
- Introduction to community health workers health care services package by Renzaho Jean Nepomuscene
- Discussion about Rwanda Health System by Dr. Vincent Cubaka
- Afternoon:
- Visit to community health workers and get introduced to the health care services they provide
- Reflection about the package of community health workers

Day 3: February 21st

- Morning:
- Discussion about community health workers old and the new polyvalent model by Peter Niyigena
- Healthcare provider-patient communication discussion by Dr. Vincent Cubaka
- Afternoon:
- Walk the talk: walking in 3 different communities and discuss about various social determinants of health and how do they differ and impact the population either negatively or positively.

Day 4: February 22nd

Morning:

Visit to Rwinkwavu District Hospital and Rwinkwavu Health Center for the students went in various services for them to able to know and understand the services that are being provided at the level of the district Hospital and how to they differ to the ones being provided at Health center.

• Afternoon:

- o Discussion about quality improvement, Team building and multidisciplinary Team by Aphrodis Ndayisaba.
- o Day 5: February 23rd

Morning:

 Reflection about the first week, what went well, what went wrong and how to improve

• Afternoon:

Departure

This one-week supportive supervision started on February 19, 2024 where we have a group of 22 medical students (10 Girls and 12 Boys) rotating at PIH Rwinkwavu for Social and Community Medicine. on the first day was they get introduced to PIH and community-based projects that will be done as an assignment in their 4 subgroups and the students have to present this during the last week of this rotation. During this visit of the whole week, I managed to discuss with them about the social and community medicine rotation enabling factors, challenges and some of the recommendations and those include being provided with accommodation, food, transport, excellent hospitality, at Rwinkwavu, UR Supportive supervision. However, some of the challenges have been raised by the students and proposed some of the recommendations as the way of solving those challenges.

Challenges and Recommendations

Challenge1 Short period of time, the students mentioned that the 2 weeks period is not enough for them to cover all the topics they have been learning in the classroom in ISOCO1-ISOCO4 as they need to go in the community, hospital and health center as well to practice what they have been studying in the class.

Recommendation1

Increasing the time for social and community Medicine from 2 weeks to 3 weeks, if possible, to be able to cover most of the topics they had in the class.

Challenge 2

Lack of internet accessibility in boy's accommodation which affect their learning process adversely because they need to work on their assignments after the reflection session and the field visit.

Recommendation2

Helping them to have access to the internet to be able to work on their assignment on time.

Challenge3

Nowadays students are not going to Mining site as the field visit for occupational health and safety due to the accident that occurred there recently PIH stop that visit as the safety measure for UR medical students.

Recoomendation3

Getting a reflection session about the occupational health and safety at PIH and having a visit to the patients who are hospitalized due to some occupational diseases such as the Internal Medicine where they can be able to find oxygen dependent patients due to Silicosis.

Evaluation and assessment of student's performance

- 1. Excellent collaboration with the facilitators which made the sessions more interesting and interactive as well.
- 2. Good attitudes, there was no case of misbehavior seen.

- 3. Students appreciated the community- based projects that they have to work on since they help them to be able to identify community problems and the ways of solving those issues which prepare them to be able to advocate for communities and other vulnerable groups of people through their project.
- 4. Students appreciated the UR supportive supervision because once the members of the department are around, they help them during the reflection to understand well of what they have been studying at university through those sessions. Not only that but also accompanying to the community, ISANGE one stop center, Hospital and Health center.

Reception at PIH Rwinkwavu

Excellent hospitality, both students and supervisor were warmly received at PIH Rwinkwayu.

Done At Rwinkwavu February 23, 2024

By:

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